

The Living Word of the Buddha

The Buddha's Teachings in the Oldest Texts
Translations, essays & notes by Piya Tan ©2020a

Sutta Discovery

Volume 55b

Happiness and progress

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Dhyana is where one is percipient but knows only itself.

For conventions, abbreviations, and bibliography:

<http://www.themindingcentre.org/dharmafarer/sutta-discovery/guides>

The good that we are will be the good after us

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ISBN: 978-981-14-5526-1

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Printed in Singapore

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Piya Tan (TAN Beng Sin), 1949-
Title: Sutta Discovery 55b. Theme: Happiness and progress
Series: The living word of the Buddha (2002-)
First published 2020; publisher: the author
ISBN 978-981-14-5526-1

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□ **PIYA TAN**, a former **Theravada monk** for 20 years, works full-time on the Suttas with new commentaries, and teaches them. As a full-time lay Dharma teacher, he specializes in early Buddhism. He was consultant and regular lecturer to the Buddhist Studies Team (BUDS) that successfully introduced **Buddhist Studies in Singapore Secondary Schools** in the 1980s, and then, invited as a visiting scholar to **the University of California at Berkeley, USA**. He has written many ground-breaking and educational books on Buddhism (such as *Total Buddhist Work*) and social surveys (such as *Buddhist Currents* and *Charisma in Buddhism*).

As a **full-time Dharma teacher**, he runs Sutta and related classes like the basic Pali course series, the Sutta Study Group (NUSBS), Dharma courses (the Singapore Buddhist Federation), Sutta Discovery classes (Buddhist Fellowship and elsewhere), and Sutta-based (including meditation) courses (The Minding Centre), besides his own full-time **Pali translation and research project**, the Pali House, and doing a comparative study of the Pali Nikāyas and the Chinese Āgamas. As a Theravāda monk, he learned insight meditation from **Mahasi Sayadaw** himself in the 1980s, and forest meditation from various forest monks. He has run numerous **meditation courses and retreats** for students and adults (including non-Buddhists) since 1980s. In 1992, he taught meditation at the University of California at Berkeley, USA, and also to BP, JPMorgan, the Defence Science Organization, GMO, HP and SIA. He writes weekly reflections and gives daily online teachings on Facebook. All this for the love of Dharma and of Ratna and posterity.

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These new SD volumes appear once every 3 months. These volumes are fully studied at Poh Ming Tse (every 2nd & 4th Sundays), Singapore Buddhist Mission (every 3rd Sunday) and The Minding Centre (every Wednesday, since 2006). By September 2016, Piya has completed more than 60 volumes of the Sutta Discovery. By 2030, over 100 SD volumes have been projected. **A Simplified SD (SSD) series** is also available online.



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